Serial No:10/628351 Docket No: 05-01002

AMENDMENT IN THE SPECIFICATION

On page 6, line 16:

The upper 14 is formed of a stretchable material, such as spandex. In the preferred embodiment, the upper 14 is glued to the <u>perimeter of</u> the outer sole 12 but could be attached by stitching the upper 14 and the outer sole 12 together, or by a combination of the two methods.

Support for the amendment is found in the specification, page 4, line 6 and in the drawings, Figures 1, 2 and 4.

On page 6, line 19:

The upper 14 is of a continuous strip of stretchable material that is capable of stretching to conform to the shape of a lower exterior portion of the athletic shoe 22 and providing a snug fit between the walking sole 10 and the athletic shoe 22.

Support for the amendment is found in the specification, page 4, line 7 and in the drawings, Figures 1, 2, 3 and 4.